

TEMPLATE COVID-19 AMERICAN FOOTBALL RISK ASSESSMENT



TEMPLATE COVID-19 CLUB RISK ASSESSMENT – STAGE 3 RETURN TO PLAY

Based on the Government Guidance for the public on the phased return of recreational team sport

This is a template document and Clubs / Coaches should ensure their Risk Assessment is specific to their setting. They should also consider specific facility risk assessments and procedures, links to 3rd party risk assessments that impact on training and training specific risk assessment including the adaptation of training / drills to maintain the guidance. A separate form should be produced for each team within the club.

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

This template risk assessment must be considered alongside the British American Football Associations Return to Play guidelines and the club's other Health and Safety documents. The risk assessment process must be subject to continual review. It is the responsibility of the Coach, Club Covid-19 Officer, Team Management and the Team Welfare Officer to ensure that this risk assessment remains up-to-date and in line with current British American Football Associations and Government guidance.

Team Name: Leeds University Union American Football Club	Club Covid-19 officer: James Abegglen
Name of Activity: American Football	Venue: Sports Park Weetwood
Assessment carried out by: James Abegglen	Date assessment was carried out: 22/09/2020
Date of Review:	

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Infection being passed directly from person to person	Players, coaches, support staff, members of the public at the facility	All participants should self-screen prior to each session, and an attendance register documented. Any individual who answers positively to the self-screening process should not attend the sessions and if so, be advised to return home and self-isolate in line with government advice.	All attendees reminded of the following: No bodily contact, including handshakes/high fives Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub Social distancing rules apply – 2 metres No congregating once training has ended	The top 3 of committee (President, Treasurer and Secretary) and the COVID Officer will be primarily responsible for ensuring that members are aware of self-screening protocol and that attendance and contact details are registered prior to training.	Tuesday 6 th October	Yes

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Infection being passed directly from person to person	Players, coaches, support staff, members of the public in the facility	<p>Registration should be set up away from facility entrances/exits to prevent congestion</p> <p>Current BAFA guidelines on maximum number of participants per area and any required mitigations to be followed at all times</p> <p>If wholly separate groups are using the same venue then their entrance and exit times should be staggered</p> <p>Hand sanitiser available on side of training area – should be applied regularly</p> <p>Suitable hand washing equipment available in toilets and changing rooms</p> <p>Attendees advised before leaving the house, they should check they do not have a high temperature, do not have a persistent cough, they have not lost their sense of taste and/or smell, they have not been in contact with a person with suspected COVID-19 within the past 48 hours, they have not been advised to self-isolate as per NHS guidance</p> <p>Training must be outside</p>	<p>All attendees reminded of the following:</p> <p>No bodily contact, including handshakes/high fives</p> <p>Wash hands thoroughly for 20 seconds after going to the toilet and use alcohol- based hand rub</p> <p>Social distancing rules apply – 2 metres</p> <p>No congregating once training has ended</p>	<p>Registration will be done online via a google form to ensure there is no congestion, this will be posted by the President on the day of training.</p> <p>Coaches and the COVID officer will be responsible for ensuring training numbers follow BAFA rules</p> <p>Coaches training plans will ensure that exit/entering times are staggered.</p> <p>President and Treasurer will ensure that Hand-sanitizer is available.</p> <p>Toilets checked by COVID officer prior to training to ensure they are adequate</p> <p>Before every training, participants will be told to check if they have symptoms by the Committee or Unit leaders, any with symptoms will be told not to train.</p> <p>Coaches will only be allowed to make training plans for outside training.</p>	Tuesday 6 th October	Yes

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Infected equipment e.g. footballs, water bottles, towels	Players, coaches and support staff	<p>All players and coaches bring their own equipment</p> <p>No use of bibs unless brought directly by the player</p> <p>No water bottles should be provided by coaches/clubs. Players who bring their own must ensure they are clearly labelled</p> <p>Strong hand hygiene and sanitisation of balls must take place regularly.</p> <p>Players must retrieve own balls</p> <p>Balls should be sanitised at the start of activity, during natural stoppages and at the conclusion activity as a minimum. If there is no natural stoppage this should be done after every 15 minutes.</p> <p>Each player should have their own set of flags which they will keep for the duration of the practice or game. Flags and belts should be sanitised at regular intervals during activity, and at the conclusion of practices or games by either the individual, coach, team manager or Club Covid-19 Officer or Covid-19 Team Lead.</p> <p>Each pitch area should have antibacterial wet wipes or spray available to enable this.</p> <p>At the end of each practice or</p>	<p>All attendees reminded to:</p> <p>Not share water bottles, balls or any other equipment</p> <p>All footballs should be washed or wiped down after regularly and before and after the session</p>	<p>President will post equipment list prior to training to ensure everyone brings their own kit.</p> <p>COVID officer will inform coaches that no uniform or bibs can be shared.</p> <p>The Club will not provide water bottles and players will be informed to bring their own water.</p> <p>President and Kit manager will be responsible for ensuring that there are adequate sanitizing wipes to clean balls between use.</p> <p>Briefing before training by President/COVID officer outlining rules for balls.</p> <p>Balls sanitized by unit leaders or coaches at the start, end and during drills.</p> <p>Flags will be assigned at the start of training and sanitized by the Committee, this will be overseen by the COVID officer.</p> <p>Sanitizing stations will be set up near pitch areas prior to training starting near pitch areas.</p> <p>COVID officer and kit manager will be responsible for ensuring all kit that was used is</p>	Tuesday 6 th October	Yes

		game, the Covid-19 Officer or Covid-19 Team Lead should ensure any other equipment which has been handled (such as cones) is sanitised		sanitized properly.		
Lack of space to maintain social distancing	Players, coaches and support staff	Current BAFA guidelines on max number of participants per area and any required mitigations to be followed at all times Training must be outside.	All attendees reminded to: Always stay 2 meters apart	Maximum training numbers will be followed and enforced by President and Head Coach. Participants who repeatedly do not follow social distancing guidelines may be asked to leave training. Training will take place outside at Weetwood sports park.	Tuesday 6 th October	Yes

WHAT ARE THE RISKS?	WHO MIGHT BE HARMED?	CONTROLS REQUIRED	ADDITIONAL CONTROLS	ACTION BY WHO?	ACTION BY WHEN?	DONE?
Transport to and from sessions	Players, coaches and support staff	Car-pooling should not be advocated and public transport and coaches/ minibuses are not advised	When travelling on public transport a face covering must be worn	Top 3 and committee, Players will be told to take extra precautions when getting to training and avoiding any carpooling.	Tuesday 6 th October	Yes
Toilets and changing rooms	Players, coaches, and support staff	All attendees reminded to: <ul style="list-style-type: none"> • Arrive changed, ready to play • Avoid prolonged time in the toilet • Avoid showering and changing at venue where possible 	All attendees reminded to: <ul style="list-style-type: none"> • Wash hands thoroughly for 20 seconds and use an alcohol-based hand gel after going to the toilet 	Top 3 and committee will explain that the team will not have access to changing rooms or any internal facilities at Weetwood and that they should arrive ready to train.	Tuesday 6 th October	Yes
Infection passed on by non-participants i.e. spectators and members of the public	Players, coaches and support staff	Social distancing must be observed both when entering and exiting the activity area. Players and coaches should avoid leaving the field unless it is to go to the toilet Use entrances which lead directly onto field, if possible	All attendees reminded to: <ul style="list-style-type: none"> • Stay on field until session is completed wherever possible. 	Top 3 and Committee Covid Officer Team will be told to remain in the training or playing area by committee before training starts.	Tuesday 6 th October	Yes
Risk to those returning to participate after being affected severely by Covid-19	Players, coaches and support staff	If you have been tested positive for Covid-19 in the past, please follow medical guidance and published Government guidance before considering to return to training.		President and Covid officer will explain the return to play for any members that have tested positive and sign post government advice.	Tuesday 6 th October	Yes

<p>Social distancing not being adhered to due to first aid or injury treatment required</p>	<p>Players, coaches and support staff</p>	<p>In the first instance, first aid should be self-administered. If this is not possible or appropriate, medics, physios or first aiders should have masks to wear and hand sanitiser to use when treating any injuries.</p> <p>After contact with an injured participant, medics, physios or first aiders will be encouraged to clean their hands thoroughly with soap and water or hand sanitiser at the earliest opportunity. Records should be kept of any injury treated and passed to the Covid-19 Officer or Covid-19 Team Lead so there is a record of the participants medics, physios or first aiders have come into close contact with for track and trace purposes.</p>		<p>First Aid qualified coaches or committee member</p>	<p>Tuesday 6th October</p>	<p>Yes</p>
<p>Detriments to mental health</p>	<p>All individuals</p>	<p>Club committees / Coaches to promote mental health & well-being awareness to club members</p>	<p>Regular communication of mental health information and an open-door policy for those who need additional support</p>	<p>Club committee/ Club coaches Welfare Officer</p>	<p>Tuesday 6th October</p>	<p>Yes</p>